



Vinum SPA

The beneficial properties of the grapes and its derivatives are the basis of the treatments and cosmetics of the **Vinum SPA of Castello di Spessa Wine Resort & SPA** in Capriva Del Friuli - Collio, totally **dedicated to wine therapy**. Built by renewing the old stables at the entrance of the castle, the Vinum SPA is a 2000 sqm area with swimming pools (the internal with hydromassage and the heated external), and round panoramic external hydromassage with a fantastic panoramic view on the vineyards. The Vinum SPA is open to everyone, also to external guests, and it contributes to the the resort offer nestled among the vineyards of Collio, Friuli Venezia Giulia's most prized wine-growing area.

Everything, in the SPA, leads back to grapes and wine: the frescoes on the walls, the vats for wine therapy, the massages with **hot stones obtained from the Collio marl**, the names of the treatments, the essences in the saunas with the aroma of grapes and must, the herbal teas derived from grape leaves and juice. The treatments are made with **natural cosmetics created for Castello di Spessa Golf & Wine Resort & SPA using grapes and vines**, like pomace and must oil, ambient perfume. A corner is dedicated to **grappa therapy**, an antioxidant, anti-inflammatory, tonic treatment which ends with the tasting of one of our grappas.

At the **ground floor**, there is the wet and relax area: the path begins with a Finnish sauna with tiled stove, Emotional showers with chromotherapy, Kneipp path with Isonzo river stones, Ice waterfall, Shower bucket, Steam bath, Herbal teas, Relax rooms with panoramic view, Vinum Suite with wine therapy in the vats and comfortable rest stations, Panoramic indoor swimming pool with hydromassage.

At the **first floor** the emotion continues in precious areas dedicated to massage, all the way to the **VinumTherapia** area, the beating heart of the SPA. Wine therapy is declined in all its aspects, starting from the panoramic suite "**I Tini**" with its chromotherapy whirlpools in large vats and continuing in the room dedicated to **VinumTherapia**, where - after a wine bath - one can receive beneficial and comfortable treatments on sensory beds with cosmetics produced from the processing of our grapes. At the end, it's time to relax drinking a glass of wine at the suite "**Le Botti**" room decorated with ancient barrels.

In the **external area**, the beauty of the nature melds with the exclusive details: Finnish sauna, pleasure of the heated swimming pool, the panoramic view from Relax Lounge, the circular hydromassage hanged up between the light-blue sky and the green of the hills. In warm weather, the **Summer Club** is a little eden in the greenery and coolness for those who want to spend a few hours, or the whole day, of absolute relax among swimming, sunbathing, and whirlpools away from the crowds.

Then, the **wine therapy** journey continues at the Resort restaurants, where alongside traditional fine cuisine dishes created by the kitchen brigade, you can also request healthy and delicious vegetarian dishes.

"The multisensory experience in the Vinum SPA lets you discover the most authentic and profound spirit of the extraordinary Collio hills" says Loretto Pali, owner of the Resort, who wanted to create the SPA to complete its offer, convinced that "in wine there is joy, health and beauty".

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